

# Calverton Practice Travel Clinic

## Frequently asked questions

This sheet is provided as a guide to some frequently asked questions associated with the travel health clinic at The Calverton Practice.

### **I am not registered with the practice. Can I use the travel clinic?**

Yes. The clinic is open to all people who are preparing to travel overseas.

To ensure your personal medical record is complete, and as a courtesy to your GP, we would like to inform your doctor of any treatment we have provided. If you would rather we did not do this please inform the travel health nurse.

### **Why do I have to fill in a pre-travel questionnaire?**

In order to accurately assess your travel health needs we require full details of your travel itinerary and health status. The questionnaire covers most of this and the travel health nurse may need to ask a few additional questions in order to ensure you are best protected whilst travelling.

### **What happens next? When will I see the nurse?**

Travel clinics are held each Tuesday afternoon.

When you have completed the pre-travel questionnaire we will make an appointment for the travel health nurse to contact you by telephone on the following Tuesday. During this call the nurse will be able to clarify your travel health needs and give you guidance on the vaccinations, treatments and the approximate cost.

If you require any vaccinations or medicines, the nurse will offer you an appointment at the next available clinic to provide your treatment(s). This will usually be one week later on the following Tuesday afternoon.

### **Is travel health medicine free on the NHS?**

Medicines for the prevention or treatment of illness whilst abroad are not available on the NHS.

Certain vaccinations are available free on the NHS. The nurse will inform you if you require any of these after checking your personal vaccination history. Patients registered with the practice will not be charged for any treatment which is available to them free on the NHS.

### **What about my repeat prescription?**

If you have a regular repeat prescription you may take up to 3 months treatment with you. Please mark your prescription request clearly if you need more than 4 weeks supply of your medicines. Some countries require you to carry a letter from your doctor explaining that the medicines are essential and for your personal use. Please discuss this with the travel health nurse during your appointment.

### **I am travelling at short notice. Can I see someone now?**

Unfortunately we cannot provide an emergency travel health service. If you are travelling within the next 4 weeks we will refer you to an alternative travel health provider.

Many vaccines need to be given as a course of injections and require time to become effective before travel commences. Consequently, if you are travelling at short notice you may be taking an additional health risk. We would ask all patients to seek appropriate health advice and allow plenty of time for this before travelling.

### **Who will see my information?**

All personal information held within the practice is treated as confidential and is protected in accordance with current legal data protection requirements. Only those who are directly involved in your care will have access to your health or personal information for the purpose of delivering that care to you.

### **How much will it cost?**

The consultation fee for the travel health clinic is £25. This fee is refundable against the cost of any vaccinations or medicines you are given by us in the travel clinic.

If you would like further information regarding travel health the following internet site may be of use to you:-

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)